

## ADDICTED TO PORNOGRAPHY, ITS CONSEQUENCES &amp; WHERE IT LEADS TOO

This is my personal journey that plagued my life for years I want to expose this addiction as it is hidden not like gambling, drug, alcohol or gadget addictions which are seen Yes, it is predominately a male issue but not totally, as we will see in this paper This is my experience which maybe similar to others or quite a different journey I call it the darker side of humanity There is freedom from the bondage of sexual sin I'm not in any way condoning my actions & calling it for what it is It's rampant in the Church amongst the pews & pulpits It must be exposed & I believe in coming out, it will help many get free

Some Christians will not see to kindly what I'm sharing because they are too self-righteous & of course they have never sinned, at least as badly as I have SINNED but SIN is SIN The parable of the prodigal tells of the elder son whose was jealous & bitter because his sinful brother got accepted back by the Father After wanting to try the world out But ALL have SINNED Romans 3:23 Are you exempt? Jesus said he who is without SIN cast the first stone to the religious Pharisees

## IN LOOKING AT PORNOGRAPHY I WANT TO COVER

Our Sex Crazy World & how it affects us  
family's past can affect our future (this isn't an excuse, it's a reality).  
believe to be true  
progression that gets deeper & darker  
Bondage  
married

How our  
Myths we  
The downward  
Being set free from Sexual  
Practical stuff for those who are

You might say you don't have a problem but someone around is likely to I want everyone to understand what this addiction is & in understanding it To be enlightened enough to pray & support those addicted to be there for them when they want to get free

## 1 OUR SEX CRAZED WORLD &amp; HOW IT EFFECTS US

What's on our media – social networking, movies, soaps, games, adverts, billboards, dvds, books, music & clips, news, mags, fashion, What's the common denominator is that SEX SELLS it normal to have sex outside of marriage, to live together, to have homosexual relationships even get married It's the NORM Christian morals are considered old hat, not relevant Mock Christian morals virginity, faithfulness & heterosexuality A US Christian University surveyed students 60% had sexual hang-ups We were brought up in 'free love' Woodstock culture 'it's cool' era sexual revolution & liberty Let's express our sexuality Even via Music 'if you want it come & get it' 'sugar baby love' Oh how its developed to acceptance of all forms of sexuality

The Bible speaks of the eye as being a gate or window Matthew 6:22-24

WHAT YOU SEE IS THE BEGINNING OF WRONG SEXUAL DESIRES

be affected TURN OFF TV & BE SELECTIVE of what you watch

SO  
How can I not

Danger is we sever our conscience, the frog in water syndrome to become numb to sin Write it off & make excuses Children are exposed to it at an early age Bombarded with sexual content Women too practically through soaps, reality shows We don't realize the effect it can have on us Christians we can't

be ignorant of the influence what we see has on us It's literally a minefield which eventually if we don't protect ourselves & families It will hurt & destroy us Sexual addiction ruins life's John 8:36

Were there's incest, rape often the person will enter into sexual promiscuity They feel dirty, used so they continue down that track of lust Not knowing love in fact thinking if someone loves me, they'll give me sex I personally know people who even married who didn't realize what true love really was & wondered why the marriage was crumbling around them And there looking outside of marriage for the love they so desperately need Often the ones carrying out these acts are close friends, family who they trusted & feel they can't expose them, because it was there fault This is a common belief of incest & rape victims

It's so hard to find a TV program that hasn't got some form of sexual element in it Pornography is mental adultery imaging your partner as someone else James 1:14,15 Matthew 12:34

## 2 HOW OUR FAMILIES PAST CAN AFFECT OUR FUTURE

I don't want anyone thinking by exposing this area This doesn't excuse my SIN but where there is Generational Sins past down from the 3<sup>rd</sup> & 4<sup>th</sup> generations that our forefathers have been involved in the blood line Must be broken, so it doesn't affect our future generations & it will spiritually release us from hereditary sin Which are at play within us, to enter into in this case, immoral behavior

Here's my story My grandfather had an illegitimate child which has only come out in the last few months, my father had an affair I found out after he died from my mother, a few years ago So I have broken all sexual ties down through my hereditary blood line breaking it off my son, daughter & their children

For a full study to further understand & to break generational ties, curses & soul ties see full teaching If you have been raped you will need the soul ties broken as with all sexual intercourse outside of marriage (even though we know it wasn't your fault)

It may be true that you are not fully responsible for your sin you have gotten into Pornography BUT YOU ARE RESPONSIBLE FOR CHOOSING TO REMAIN THERE

## 3 MYTHS WE BELIEVE TO BE TRUE

SEXUAL FULFILLMENT IS THE ANSWER TO PERSONAL HAPPINESS sex is only a short term fulfillment True love is the only thing that can bring long term happiness Your confusing love with lust Pornography SEX IS A WAY TO CATCH & KEEP THE PERSON WHOM YOU LOVE if your relationship is based on sex, it will not last Again only true love is the glue that holds 2 people together Pornography AS LONG AS IT'S BEHIND CLOSED DOORS, IT'S NOT HURTING ANYONE secrecy leads to lies of what are you doing? What is hidden is in the dark, true freedom comes from all things being in the light Pornography TRY BEFORE YOU BUY CAUSE DON'T WANT TO BE STUCK WITH AN INCOMPATIBLE PARTNER a common lie today, if your relationship is not based on love It will last no matter how compatible you are The latest stats says 33% girls under 15 have had sex once get to end of High School that moves to 70% It's not a shopping cart to find the best companion God in it He will provide the right person for you WE FORBIDE OUR CHILDREN TO WATCH IT BUT IT'S OK FOR US ADULTS the question is if it's harmful to your children, what's it doing to you? Are you somehow insulated from what you see?

OUR GOVERNMENT & SOME CHURCHES ACCEPT GAY PEOPLE AS NORMAL SHOULDNT WE? Does that make it right? I have gay friends I accept & love them as humans but not what they do it's called SIN It's not a popular stand but these people are in sexual bondage too I want to be there for them when they see the light I NEED A SEXUAL

RELEASE WHAT'S WRONG WITH LOOKING AT ANOTHER WOMANS BEAUTY? How does your wife/girlfriend feel that you're looking at another woman Besides it's called lust Your only interested is in your selfish desires, being filled Say I'm not unfaithful not having sex with the person but in mind you are

4 THE DOWNWARD PROGRESSION THAT'S GETS DEEPER & DARKER PORNO IS ONLY THE BEGINNING

Bible calls it lust if you commit act you won't go to heaven - lust of eyes Begins low self-esteem – lack love - rejection

It's a Web of destruction you caught up in it You feel entangled & trapped You become ashamed & guilty (like on train can't get off) gratification Downward slide starts through your thoughts, that can eventually turn to actions (entice) The deeper darker side is child pornography, sex slavery, prostitutes, pedophiles, illicit affairs, premarital & extramarital sex BONDAGE that's what it does leads to sexual fantasy & fornication

Leads unhealthy desires secretive activity to lies, uncontrolled emotions, masturbation involving sexual fantasy & that's just the beginning EXTREMISM includes pain, objects, threesomes, sex swap, exhibitionism, violence, transvestic, voyeurism, bestiality, rape, incest, child molestation, sadomasochism, choking... IT STARTED

SOMEWHERE probably with what we call harmless entertainment

COMPROMISE in one area leads to COMPROMISE in another area

Matthew 5:27,28 Do not commit adultery if you look on a woman lustfully Already you have committed adultery in your heart It's quite clear if you play with fire, you will be burnt in hell 1 Corinthians 6:9,10

Genesis 3:7,8 Adam/Eve's relationship was severed from God because of SIN they felt fear, exposed, guilty & shame because they didn't obey Gods commands, they chose their fleshly desires This is exactly what pornography & other sexual acts outside of Gods laws does to us We feel afraid, shameful, lonely, guilty & in the dark

More Christian marriages/ministries are destroyed because of sexual misconduct than any other

TEMPTATION If yield to it we become captive to it 2 Corinthians 10:5 It forms a HABIT only needs 24 days which in turn forms a STRONGHOLD in our minds It's now entrenched in our minds & difficult to remove You are under SPIRITUAL BONDAGE

Abstain from homosexuality 1 Corinthians 6:9,10 Not created homosexual but it is a behavior

5 BEING SET FREE FROM SEXUAL BONDAGE

Admit you have a problem

Bring into light John 3:20,21

Desire to be free like any addiction  
break habit but so strong you can't by yourself Phil 4:3  
to someone

Yearn to  
Be accountable

Confess sin Renounce impure thoughts & behaviors

Cut ties soul/generational/demonic Repent  
repentance & faith not therapy & behavioral modification (secular answer) self-will, self-determination &  
will power through counselling will not break spiritual bondage

Answer is

Break covenants with Satan known & unknown, renounce occultic activity, family ties  
break covenant with spouse you also break it with God 1 Corinthians 6:16,17

When

Forgive anyone been involved  
yourself

Forgive

Seek moral purity Purity of thought mind look at woman admire her not lust after her (difference)

PRAYER

Dear Heavenly Father You have told us to put on the Lord Jesus Christ & make no provision for the flesh in regards to it's lust (Romans 13:14) I acknowledge that I have given into fleshy desires which wage war against my soul (1 Peter 2:11) I acknowledge I have grieved the Holy Spirit by my sinful acts I thank you that in Christ my sins are forgiven, but I have transgressed Your holy law & given the enemy a foothold in my life (Romans 6:12,14; Ephesians 4:27; James 4:1; 1 Peter 5:8) I come before Your presence to acknowledge these sins & to seek Your cleansing (1 John 1:9)that I will break the stronghold, renouncing all & every act of sexual immorality (name it) & claim my freedom from the bondage of sin I ask You that you purify my mind & thoughts by the precious blood of Jesus & in His Name Jesus I recommit my life  
Amen

Can go back? yes as with any addiction Are you tempted yes but it's what you do with it

Tell devil I don't need pornography to be fulfilled Besides me & Jesus control me, not you

When tempted walk away, turn it off, stop immediately to hesitate is one step away from going back

A great book on this topic is SET FREE by Dr Neil T Anderson if you can get a copy read it

## 6 PRACTICAL STUFF FOR THOSE WHO ARE MARRIED

Find sexual fulfillment in your partner But my partner doesn't satisfy me (note the I – selfish attitude)  
Bible says you become empty because you seek after what is empty How does  
your partner feel (not good enough/body isn't acceptable) they need reassurance

Meet sexual needs of partner – come to mutual agreement – a date night – dress up & go out - be romantic ie have a candle lit dinner & a movie – appreciate one another, say what like about partner why not surprise partner with flowers, date, trip – enjoy not endure one another – communicate feelings – it's not about control, if do this ,you can have sex - unconditional relationship - different desires so we need to fulfill both needs – not about me but you - don't like sex! need help (suggest spiritual as much emotional) - if love partner you will want to please them

Masturbation in your own sexual environment if you feel ok with it & it's as we ponder on each other may well be acceptable (no one else) but be mindful that it could lead out of the bedroom to pornography

God isn't anti sex, he created it Genesis 2:24 to procreate & for pleasure But Satan has distorted it the essence of what God created into something that is perverted

1 Peter 3:7 to possess means to acquire or take for yourself Vessel means wife Serve one another fulfill needs partner if gets boring or don't feel like it anymore talk & get help if needed Danger that we focus on the act not the person We become sex objects; the responsibility isn't one way Don't compare it's not a contest

Must I submit to my husband's advances yes 1 Corinthians 7;3-5 but it's conditional Both must be in agreement if there's a sexual act one wants to do & the other doesn't then it's a no-go Hebrews 13:4 not using partner to fulfil or satisfy your lust & sexual gratification is not acceptable No dignity

NEED HELP PLEASE CALL, TEXT, 0210767236 EMAIL vivnkeith@gmail.com OR SEE ME 7E Coleridge Street Hamner Springs (come for a night or 2) I am willing to help anyone who wants to know the freedom I have Brother Keith